

“Angry No Mōre” Group Guide

Series: The Curriculum

Passage: Matthew 5:21-26

Speaker(s): Pastor Ryan Paulson

Date: September 22, 2024

ICEBREAKER:

Think back to your childhood or adolescence, was there a rule that was unique to your household?



Learning His Way

(Every week in these studies, we will ask questions about the Scriptures that try to help us Discover the unique Way of Jesus that is found in the text.)

1. Read Matthew 5:21-26 in multiple translations including The Message paraphrase. What catches your attention?
2. Why does Jesus use the words “but I say”?
3. Read 1 John 4:20. How does this relate to this passage?



Forming His Heart

(This is the part of the study where we work on our hearts. “How does my character need to grow and change because of this passage?”)

4. Why does Jesus focus on relational issues?
5. How does conflict affect our worship?
6. How did the family in which you were raised express anger? Does this impact the way you express it?



Joining His Mission

(This is the part of the study that we ask, “What would God want us to do because of this passage?”)

7. What does it look like to obey these instructions of Jesus right now?

8. Is there a relationship that comes to mind that needs mending? Pray for courage for one another to humbly begin the process of reconciliation.